



WELCOME TO STRIVE RECREATIONAL THERAPY SERVICES!

I applaud you on your efforts in achieving optimal health through the use of recreational therapy. Strive RTS, Inc. provides group and individuals with recreational therapy opportunities. We also offer Aquatic Therapy/ Exercise. Much of the services are reimbursed through your automobile insurance. We also reduce costs for those who require private payment or decreased fees to be active with Strive.

Strive RTS, Inc. and its non- profit counterpart, Strive, Inc., have been successful running organizations since approximately 2003. We offer many programs and services that are often left out of the loop once a patient returns home with their injuries.

Who do we serve?

- Individuals who have been injured in an automobile accident
- Individuals with any physical disability
- Those who traumatic brain injuries
- Those recovering from strokes, heart attacks, diabetes, and others
- Individuals with cerebral palsy, muscular dystrophy and multiple sclerosis
- Those with developmental or cognitive disabilities
- Students with their Individualized Education Plan (IEP)
- Individuals with psychiatric issues
- Parks and recreation departments and health club agencies for consultation or privatization of Therapeutic Recreation services
- Businesses and community organizations for in-services and trainings on individuals with disabilities and ADA

Strive's Mission Statement

Strive RTS, Inc. is committed to enhancing the quality of life for all our clients through the provision of world- class, enjoyable and accessible recreational opportunities unlike any other available within Michigan. Through our dedication to professional development and advocacy for individuals with disabilities and the Americans with Disabilities Act (ADA), we strive to offer unique and excellent services through our programs, recreational therapy, consulting services and the rental, purchase and construction of adaptive equipment.

Strive's Values Statement

Strive RTS, Inc. is committed to adhering to its values as a service and program provider for individuals with disabilities. Strive RTS, Inc. operates its business by adhering to the following values statement: to be the leading provider of therapeutic recreation opportunities, to be well respected for advocating for individuals with disabilities and to offer individuals with disabilities the chance to participate and enjoy in activities of interest the same as the general population.

What is Therapeutic Recreation?

Therapeutic Recreation (also known as Recreational Therapy) is medically modality that uses therapy, education and recreation as a means of meeting one's physical, mental, emotional and social goals. Therapeutic Recreation offers its client's the skills and tools needed to function in society and increase one's quality of life. Many benefits to recreational therapy have been documented. Such benefits include increased muscular endurance, improvement in memory, decreased depression and the increase of independence in the community by individuals with disabilities. Therapeutic Recreation helps to sustain the well-being of the individual years after the injury.

Therapeutic Recreation through Strive RTS, Inc. helps to bridge the gap between the hospital setting and the home setting by getting client's involved in activities, exercises and other actions within the community in which they are living. We help get them back active into the life around them. We pride ourselves in helping others to help themselves and stay happy!

Partners of Strive/ Those who have used or referred our services

Bloomfield Hills Schools Athletics, Recreation and Community Services	Wayne State University VAC Program
City of Oak Park Recreation Department	Michigan State University Parks and Recreation Department
Oakland County Parks and Recreation	Paralyzed Veterans of America
Independence Township Parks and Recreation	Spotlight Dance Studio
Michigan Recreation and Park Association	Jewels Yoga and Fitness
City of Lansing Parks and Recreation	Michigan Disability Sports Alliance
Covenant Healthcare	City of Southfield Parks and Recreation
Detroit Medical Center	Medical Social Work Rehabilitation Management, LLC
Rehabilitation Institute of Michigan	These Medical Case Management
Children's Hospital of Michigan	Mary Free Bed Hospital
Health Partners, Inc.	Feinberg Consulting Case Management Services
William Beaumont Hospital	Advanced Case Management
Danto Family Health Care	

How do you become or refer a patient to Strive RTS, Inc.?

1. Complete the Outpatient Recreational Therapy Referral Form (provided here or also view and complete online at www.striveonline.org.)
2. Obtain a physician's prescription for "recreational therapy with Strive" for 2- 3 times a week or whatever is tolerated by patient or ordered by the physician.
3. Send in the referral form and prescription for services (or complete and send in online.)
4. Once we receive the prescription and referral form, we will contact the patient and/or the referral source to get started!

IT'S THAT EASY! LET'S GET STARTED!



OUT-PATIENT RECREATIONAL THERAPY REFERRAL

Name _____ Birthdate _____

Address _____

City _____ Zip Code _____

Home Phone (_____) _____ Other Phone (_____) _____

Family Contact Name _____ Family Contact Phone (_____) _____

Email Address _____

DIAGNOSES _____ Date of Onset _____

Medical History _____

Precautions _____

Current Medications _____

Physician _____ Phone (_____) _____

INSURANCE _____ Name of Policy Holder _____

Policy/ Case # _____ Insurance Phone (_____) _____

Insurance Claims Adjuster Name _____

Case Mgr _____ Case Mgr Phone _____

Physician Prescription enclosed: Yes No (patient will get) No (patient private pay) (circle one)

REFERRAL NAME _____ Date _____

Agency _____ Phone (_____) _____

Type of Service Requested (Please Circle)

Individuals Education Plan	Sports Clinics	Aquatics
Individual Therapy	Support Group	Leisure Education
Group Therapy	Classes	Other (specify): _____
Community Reintegration	Adapted Activities	_____

Current/ Past Leisure Interests: _____

MAIL/ FAX/ EMAIL FORM AND DR. SCRIPT IF AVAILABLE TO:

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